

# 2018 Suicide Prevention Symposium

## The Hero in Each of Us: Finding Your Role in Suicide Prevention



**Save the Date:**  
**Saturday, October 20, 2018**  
**9am-3pm**

Rady Children's Hospital-San Diego, Education Office Building (EOB)  
7960 Birmingham Drive, San Diego, CA 92123

### Agenda at a Glance:

Lectures, Interactive Discussions, & Workshops presented by leading experts in Suicide Prevention, School Policy & Wellness Advocacy from throughout San Diego County

- Signs & symptoms of suicidal ideation
  - Basic strategies & resources to support youth in times of need
- Family and parent roles in supporting and advocating for youth safety
- School, local, and state policy implications for youth suicide prevention
  - Action plan brainstorm and creation

