

County of San Diego, Health and Human Services Agency

LIVE WELL SAN DIEGO & & SAFE ROUTES TO SCHOOL

Roberto Ramirez

Community Health Promotion Team (CHET)
East and North Central Regions

August 3, 2017



San Diego County



Welcome to San Diego County, the **2nd most populous county** in California and **5th most populous** in the United States!

San Diego has:

- Close to 3.3 million residents.
- Majority minority population.
- Busiest land border crossing in the world – 1 of every 13 people who enter U.S. come through San Ysidro.
- 70 miles of Coastline.
- 16 naval and military installations.
- 18 federally recognized Indian reservations.
- A total area of 4,526 square miles, larger than Rhode Island and Delaware combined.



WE KNOW...



THAT THREE NUMBERS AFFECT US ALL:



1 World Health Organization (WHO). "The Global Strategy on Diet, Physical Activity and Health." http://www.who.int/dietphysicalactivity/media/en/gsfs_general.pdf (Accessed September 22, 2011). 2 3Four50, www.3four50.com (Accessed September 22, 2011).

UNIQUE HEALTH CARE SYSTEM





Integrated Health & Human Services Network

5 Integrated Hospital Delivery Systems



- 18 Civilian
- 3 Military



Over 150 clinic sites



we're here for you.













Tri-City Medical Center

















OUR VISION





LIVE WELL SAN DIEGO

Building Better Health

Living Safely

Thriving

BUILDING BETTER HEALTH





Access to quality care



Increased physical activity



Healthy eating



Stop tobacco use

LIVING SAFELY





Residents are *protected* from crime and abuse



Neighborhoods are *safe* to live, work and play



Communities are *resilient* to disaster and emergencies

THRIVING



Approved October 2014

Built and Natural Environment

- Transportation
- Built Environment & Neighborhoods
- Natural Environment
- Housing



Enrichment

- Civic Life
- Community Activities



Prosperity, Economy & Education

- Workforce/Education
- Economic Development

LIVE WELL SAN DIEGO



`**I** VISION

of a region that is

Building Better Health

Living Safely

Thriving

4 STRATEGIC APPROACHES

Building a Better Service Delivery System Supporting Positive Choices Pursuing Policy & Environmental Changes Improving the Culture Within









5 AREAS OF INFLUENCE







LIVING





TOP 10 LIVE WELL SAN DIEGO INDICATORS

Life Expectancy Quality of Life

Education

Unemployment Rate Income Security
Physical
Environment
Built Environment

Vulnerable Populations

Community Involvement

that measure the impact of collective actions by partners and the County to achieve the vision of a region that is Building Better Health, Living Safely and Thriving.



REGIONAL SAFE ROUTES TO SCHOOL EFFORTS



THE LINDA VISTA STORY



- Residents worried for safety of students walking or biking to school
- Bayside Community Center and County staff got involved
- Residents brainstormed solutions
- Intersection murals were selected



THE LINDA VISTA STORY





←Linda Vista Elementary

Montgomery Middle School →

THE LINDA VISTA STORY



VIDEO



COMMUNITY INPUT AND DESIGN



Community Design Session at Montgomery Middle School



Community Design Session at Linda Vista Multi-Cultural Fair



STUDENT INPUT AND DESIGN



Montgomery Middle School Students

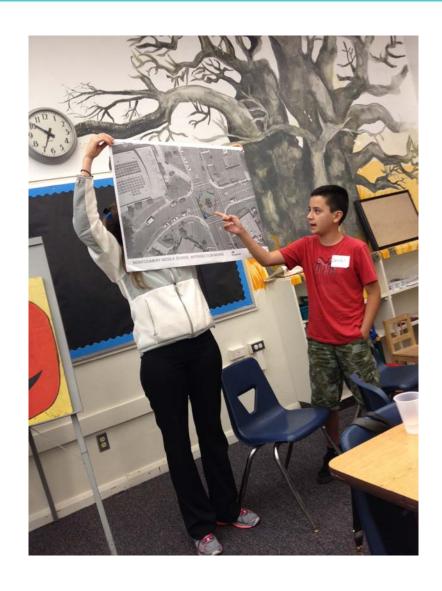


Linda Vista Elementary Students



STUDENT INPUT AND DESIGN





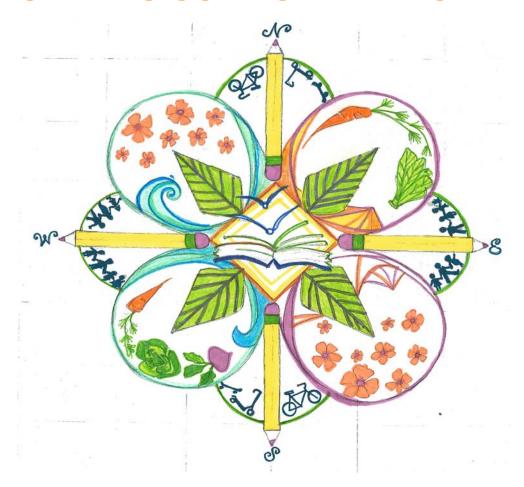
ARTIST DESIGN



DESIGN INCORPORATING COMMUNITY INPUT

Key Elements in Design:

- Education/Knowledge
- Compass
- Natural environment
- Active transportation
- Healthy food
- Community togetherness



INSTALLATION AND PERMITTING



INTERSECTION MURAL RENDERING



OTHER SRTS EFFORTS



With the focus of the *Live Well San Diego* vision, the county offers support to key partners that engage in SRTS efforts county wide.

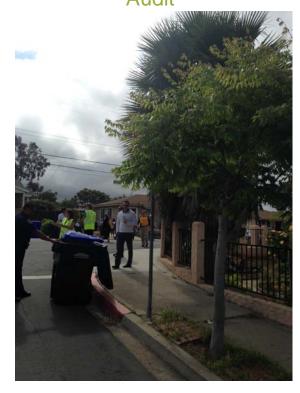
Juarez Elementary



Linda Vista Walk to School Day



Carson Elementary Walk Audit





ANY QUESTIONS?

Contact: <u>roberto.ramirez2@sdcounty.ca.gov</u>

For more information on Live Well San Diego visit:

www.livewellsd.org

